



**Golf Tip of the Month**  
**By JJ Bragg, CSQ PGA Professional**

***“Simple Steps for Longer, Straighter Shots”***

For longer, straighter shots let your chest cover the ball at impact. At set-up, your chest should be pointed down at your ball and your shoulders should be parallel to your target line. Our goal within the golf swing should be to return to that same set-up position. The only real difference between set-up and impact should be that at impact your hips will have turned towards the target a moderate amount.

If you slice or hook the ball, I will bet you your house that your chest is pointed ahead of the ball at impact. This means that you have turned your shoulders to swing the club instead of releasing the club head with your arms and hands. The only real difference between a slice and a hook is that in the slice, you hold onto the club, and with the hook, you release it.

Turning you shoulders to create speed is great if you are Tiger or Phil, but for the rest of us “mere mortals,” it’s not the best way to create club-head speed.

Work on feeling like your chest is pointed down at the ball on impact; this will slow down your shoulders and speed up the club, which will result in longer, straighter shots.

For help with this or any other problems you might have with your game, please contact the CSQ Golf Center to schedule a lesson at (314) 344-4448. Our PGA staff will be happy to help you.

Just remember... keep it short in the grass.